

National Ob/Gyn Conference
Learning Objectives for Individual Topics
“As a result of this session, attendees will be able to:

1. Clinical Challenges in Prenatal Screening and Testing

- Describe the science behind and benefits of First Trimester Screening (FTS) and new Quad second trimester screen.
- Apply balanced and culturally competent counseling approaches when offering FTS and second trimester Quad screening to appropriate prenatal patients.

2. Current Controversies and Cesarean Section

- Outline current trends and controversies about the benefits and risks of elective cesarean sections.
- Discuss the current evidence comparing vaginal delivery after cesarean (VBAC) to repeat cesarean.
- Counsel prenatal patients about the benefits and risks of elective cesarean section.

3. Urogynecology Update

- Describe the prevalence and impact of female urinary incontinence on the health care system.
- Identify, assess, and treat common pelvic floor disorders.
- Discuss the evidence on benefits and risks of less invasive surgical treatment options for the treatment of urinary incontinence.
- Apply medical evidence to counsel women on available treatment options for urinary incontinence.

4. Peripartum Depression: A growing epidemic

- Identify demographic and other factors contributing to depressed mood in women during the perinatal and postpartum periods.
- List potential adverse pregnancy outcomes that are related to maternal depression.
- Identify appropriate screening tools and referral systems for women with maternal depression.

5. Thyroid Disease in Pregnancy: Screening and Management

- Discuss the controversy about universal screening for thyroid disease in pregnancy.
- Describe sub-clinical signs of hypothyroidism in pregnancy.
- Apply evidence-based management for hypothyroidism during pregnancy.

6. Obstetrical Emergencies in Pregnancy

- Describe multidisciplinary approaches to evaluation and treatment of women experiencing obstetrical emergencies.
- Apply an evidence-based approach to timely assessment and treatment of women experiencing obstetrical emergencies.
- List high risk behaviors that place pregnant women at risk for experiencing trauma in pregnancy.

7. Fetal acidemia and electronic FHR patterns – Is there evidence of an association?

- Discuss current controversies about the costs and benefits of continuous fetal monitoring and its impact on perinatal morbidity, cesarean section rates.
- Discuss a multidisciplinary approach to assessment of fetal well being in labor and the decision points for surgical intervention.

8. Chronic Pelvic Pain

- Describe the complex causation and the need for multidisciplinary approaches for treatment for chronic pelvic pain.

- Integrate new medical evidence about the pathophysiology and physical assessment of chronic pelvic pain into clinical practice.

9. Pesky Obstetrical Ultrasound Abnormalities: Which to Worry About

- Identify abnormal obstetric ultrasound findings and differentiate the types that need immediate evaluation and referral to maternal fetal medicine experts.

10. Minimally Invasive Surgical Techniques and Their Place in Ob/Gyn

- Describe advantages and disadvantages of new minimally invasive surgical techniques used for female sterilization and treatment of fibroids and menorrhagia.
- Describe the evidence (benefits and risks) and cost-benefit of at least 3 newer less invasive surgical techniques in OBGYN practice.
- Apply balanced counseling about less invasive surgical techniques in your clinical practice.
- Outline appropriate anesthesia options for office-based minimally invasive surgical techniques.

11. Heart, Bones and Hormones, 2008 & Mood, Midlife, Libido and Hormones, 2008

- Apply the latest evidence to counseling women about the role female hormones play in heart and bone health.
- Apply the latest evidence about to counseling women about the role female hormones play in female sexuality.
- Apply recent evidence (since the Women's Health Initiative Studies) to counseling women on the risks and benefits of hormone therapy on bone and heart health.

12. Positive Maternity Care Experience and National Maternity Measures

- Identify factors that lead to a positive maternity experience from the patient's perspective.
- Discuss challenges and opportunities to creating a positive maternity experience.
- Integrate new innovations and KP resources for enhancing the maternity care experience and improving maternity measures.

13. Crash C-section: How fast is fast enough?

- Discuss the latest evidence about timing of crash c-sections to perinatal outcomes.
- Apply an evidence-based approach to timely assessment and treatment of women experiencing obstetrical emergencies leading to crash c-section.