

# Kaiser Permanente National Ob/Gyn Conference 2008

Held in conjunction with the National Primary Care Conference

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Grand Hyatt Kauai  
Resort and Spa

March 23–28, 2008



## Clinical Challenges in Ob/Gyn: Improving Care for Women

[kpobgynconference.org](http://kpobgynconference.org)

## **Dear Colleagues,**

We are proud to bring you the first national obstetrics/gynecology conference from Kaiser Permanente.

### ***It's about staying on the leading edge of your field.***

Nationally recognized experts in the fields of maternal-fetal medicine, gynecological surgery, chronic pain management, urogynecology, perinatal safety, hormone treatment, and peripartum depression will present engaging and provocative sessions about the current clinical challenges you and your colleagues face.

***It's about knowledge you can use.*** Teachers for this conference evaluate the content of their lectures through national needs assessments and strategic organizational goals. Then they prepare educational objectives that provide practical take-home points you can immediately implement in your day-to-day practice.

***It's about networking.*** Share clinical pearls and best practices with your multidisciplinary clinical colleagues all across the U.S.

***It's about renewal.*** Take time to reflect and rejuvenate your body, mind, and spirit with your family on the spectacular island of Kauai at the Grand Hyatt Kauai Resort and Spa. We hope to see you there!

Yours truly,

Tracy Flanagan, MD  
Director of Women's Health  
The Permanente Medical Group  
2008 Conference Chair

# About the program

## Target Audience

This conference is designed for all types of clinical practitioners providing care in Ob/Gyn.

## Overall conference objectives

- To discuss some of the latest medical evidence and controversies in common areas of women's health
- To provide culturally sensitive patient-education resources for the care of women
- To offer practical strategies for improving clinical practice by implementing the above evidence and resources

## Continuing medical education (CME) statements

**Accreditation designation statement:** The Kaiser Permanente National CME Program is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Credit statement:** The Kaiser Permanente National CME Program designates this educational activity for 20 AMA PRA Category 1 credits™. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

### **To our nurses, nurse practitioners, physician assistants, and certified nurse midwives regarding CME certification:**

This educational activity has been certified for Category 1 CME credit by the Kaiser Permanente National CME Program, an ACCME-accredited sponsor. Nurses may report up to 20.0 contact hours toward the continuing education requirements for license renewal by their state board of registered nurses (BRN).

### **Steps for including this course on license renewal application:**

The Kaiser Permanente National CME Program is not a BRN provider. However, you may report your hours for this course by indicating "Category 1 CME" on your license renewal application (in the space where a BRN number is requested).

**Faculty disclosure:** Kaiser Permanente requires that faculty participating in national CME activities disclose to the audience any relationship with a pharmaceutical or industrial concern that might pose a potential, apparent, or real conflict of interest with regard to each faculty's contribution to the program.

**Commercial support:** This conference may be supported, in part, by educational grants from commercial supporters.

## Conference Planning Committee members

Tracy Flanagan, MD, Kaiser Permanente Northern California

Debbie Postlethwaite, RNP, MPH, Kaiser Permanente Northern California

Leslie Casper, MD, Kaiser Permanente Southern California

Jeffrey Kerr-Layton, MD, Kaiser Permanente of Colorado

Naomi Newhouse, CNM, MS, Kaiser Permanente Northern California

Cathy Scharf, MPA, Kaiser Permanente Northern California

Stephen Sudler, MD, Kaiser Permanente Georgia

Charles Zonfa, MD, Kaiser Permanente of Ohio

# Registration Form

NAME OF REGISTRANT (PLEASE PRINT LEGIBLY; NOTE PREFERRED NICKNAME FOR BADGE) \_\_\_\_\_

STREET ADDRESS/CITY/STATE/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

**Registration confirmation and conference information will be sent via e-mail. Use of your e-mail address will be restricted to conference staff/faculty. Please print legibly.**

## Check your region

- CMI/Program Offices
- Colorado PMG
- Group Health Permanente
- Hawaii PMG
- KFHP
- KFH
- Mid-Atlantic PMG
- Northwest Permanente
- Ohio PMG
- TPMG (N. Calif.)
- The Southeast PMG
- SCPMG
- Other affiliate or network associate (list region) \_\_\_\_\_
- Non-Kaiser Permanente \_\_\_\_\_

## Check your specialty

- Acute Care/Urgent Care
- Advice Nurse
- Clinical Nursing
- Emergency Medicine
- Family Practice
- Internal Medicine
- Ob/Gyn
- Occupational Medicine
- Orthopedic Surgery
- Pediatrics
- Physical Medicine
- Physical Therapy
- Preventive Medicine
- Psychiatry
- Psychology/  
Behavioral Medicine
- Other \_\_\_\_\_

**Type of clinician/title** (MD, CNM, NP, RN, etc.) \_\_\_\_\_

## Type of practice

- Government
- HMO
- Military
- Private practice
- Resident
- Other

## Referred by

- Attended previously
- Brochure mailing
- Colleague
- Conference Web site/  
Internet
- Kaiser Permanente e-mail
- Other \_\_\_\_\_

**Total registration fees enclosed:** \_\_\_\_\_

Please make check payable to "Kaiser Permanente National Ob/Gyn Conference." Mail payment and registration form to:

CMX Travel  
4641 Dinuba St.  
Union City, CA 94587

This registration form is for check payments only. To pay by credit card, please register online at [kprimarycareconference.org](http://kprimarycareconference.org).

# Conference registration and fees

Conference fees for this conference and the Primary Care Conference are the same. A registration form is attached to this brochure. Register in advance for either conference and save \$50 on registration fees. Registering early is recommended to ensure that space and conference materials are available. Online registration is available at [kpprimarycareconference.org](http://kpprimarycareconference.org).

On-site registration will be available after March 10, 2008. An additional \$50 fee will be added to the late rate for on-site registration. Cash, check, or credit card payments are accepted for on-site registration. (Credit cards will be charged an additional 5% fee.)

We regret that telephone registration is not available.

## Cancellation policy

- All cancellations must be submitted in writing, either by fax to **(510) 477-6729** or by e-mail to [primarycareconf@sbcglobal.net](mailto:primarycareconf@sbcglobal.net).
- Cancellations received before February 11, 2008, will be refunded minus a \$50 cancellation fee.
- No refunds will be given for cancellations received after February 11, 2008.

Registrant Category	"Early Bird" Rate (by December 31, 2007)	Regular Rate (by February 11, 2008)	Late Rate (after February 11, 2008)
Kaiser Permanente physicians	\$495	\$595	\$645
Non-Kaiser Permanente physicians	\$695	\$795	\$845
Other health professionals (nonphysicians)	\$300	\$400	\$445
Residents	\$250	\$350	\$395
Per day registration (all registrant categories)	\$200	\$300	\$345

If you have questions, call **(510) 625-6374** or e-mail [primarycareconf@sbcglobal.net](mailto:primarycareconf@sbcglobal.net).

## Hotel information

### Grand Hyatt Kauai Resort and Spa

1571 Poipu Road  
Koloa, HI 96756  
**(808) 742-1234** phone  
**1-800-228-9548** toll-free TTY for the hearing/speech impaired  
**(808) 742-1557** fax  
[kauai.hyatt.com](http://kauai.hyatt.com)

Kaiser Permanente has negotiated specially discounted rates for conference attendees and their families and guests. Room availability is limited, so please reserve early.

For room reservations, please contact the Grand Hyatt Kauai directly and identify yourself as a Kaiser Permanente Primary Care Conference attendee. Reservation desk hours are Monday through Friday from 6 a.m. to 6 p.m., Saturday from 8 a.m. to 4 p.m., and Sunday from 8 a.m. to noon (Hawaii-Aleutian Standard Time).

## Kaiser Permanente discounted room rates

Garden/Mountain View	\$255 per night
Lagoon View	\$297 per night
Partial Ocean View	\$299 per night
Deluxe Ocean View	\$330 per night

Visit [kauai.hyatt.com](http://kauai.hyatt.com) for more information about hotel amenities, services, and fees.

## Airfare and car rentals

Discounted airfare and car rentals are available for travel to Kauai through CMX Travel. Please call for availability and rates after November 1, 2007.

CMX Travel  
11 Trellis Circle  
Pembroke, MA 02359  
(781) 829-9696 phone  
1-877-843-8500 toll-free phone  
(781) 735-0558 fax  
[cmxtravel@cmxtravel.com](mailto:cmxtravel@cmxtravel.com)  
[cmxtravel.com](http://cmxtravel.com)

## Conference schedule

Sunday, March 23	
1–1:15 p.m.	Welcome address by <i>Tracy Flanagan, MD</i> , and <i>Debbie Postlethwaite, RNP, MPH</i> , on behalf of the <i>Conference Planning Committee</i>
1:15–2:15 p.m.	Keynote opening session—Fetal Monitoring: What Does the Latest Research Show? <i>Julian Parer, MD, MFM (University of California, San Francisco)</i>
2:15–3:15 p.m.	Obstetrical Emergencies: Responding as a Team <i>Paul Preston, MD (Kaiser Permanente Northern California)</i>
3:15–3:30 p.m.	Refreshment break
3:30–4:30 p.m.	Crash C-section: How Fast Is Fast Enough? <i>Julian Parer, MD, MFM (UCSF)</i>
4:30–5:30 p.m.	Labor and Delivery Critical Events Simulation Training (practicum) <i>Paul Preston, MD (KPNC), and team</i>
6–8 p.m.	Reception (family and guests invited)
Monday, March 24	
7:30–8:30 a.m.	Moving Minimally Invasive Procedures from the OR to the Office <i>Mark Glasser, MD (KPNC, retired)</i>
8:30–9:30 a.m.	Anesthesia for Office Gyn Surgery: Making You and Your Patient Comfortable <i>Mark Glasser, MD (KPNC, retired)</i>
9:30–10 a.m.	Refreshment break/Exhibit Hall
10–11 a.m.	Incontinence Evaluation and Treatment: What Works and What's New <i>Marie Paraiso, MD (Cleveland Clinic)</i>
11 a.m.–noon	Chronic Pelvic Pain: Multifactorial Condition, Multidisciplinary Approach <i>Jennifer Gunter, MD (KPNC)</i>

## Tuesday, March 25

7:30–9:30 a.m.	Current Controversies About Cesarean Births: Primary Elective—The Case for Informed Consent <i>Naomi Newhouse, CNM, MS (KPNC)</i> VBACs—Are They Too Risky? <i>Aaron Caughey, MD, PhD (UCSF)</i>
9:30–10 a.m.	Refreshment break/Exhibit Hall
10–11 a.m.	Thyroid Disease in Pregnancy: Effective Screening and Management <i>Aaron Caughey, MD, PhD (UCSF)</i>
11 a.m.–noon	Meeting the Challenges of Creating a Positive Maternity Experience (Chiefs lunch meeting to follow) <i>A multidisciplinary panel: Tracy Flanagan, MD (KPNC), Naomi Newhouse, CNM, MS (KPNC), Paul Preston, MD (KPNC), Aaron Caughey, MD, PhD (UCSF)</i>
Noon	Luncheon: Best Ideas in Ob/Gyn

## Wednesday, March 26

	Free day
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## Thursday, March 27

7:30–8:30 a.m.	Pesky Obstetrical Ultrasound Abnormalities: What to Worry About <i>Mary Norton, MD, MFM (KPNC)</i>
8:30–9:30 a.m.	Peripartum Depression: A Growing Epidemic? <i>Katherine L. Wisner, MD, MS, Psychiatry (University of Pittsburgh Medical Center)</i>
9:30–10 a.m.	Refreshment break/Exhibit Hall
10–11 a.m.	Pelvic Floor Defects: Recognition and Treatment <i>Marie Paraiso, MD (Cleveland Clinic)</i>
11 a.m.–noon	So You Thought You Knew How to do a Pelvic Exam? Examining for Defects and Pelvic Pain (practicum) <i>Jennifer Gunter, MD (KPNC), and Marie Paraiso, MD (Cleveland Clinic)</i>

## Friday, March 28

7:30–8:30 a.m.	What's New in Prenatal Testing and How to Talk to Your Patient <i>Mary Norton, MD, MFM (KPNC)</i>
8:30–9:30 a.m.	Prenatal Testing Decisions—Racial and Ethnic Differences <i>Mary Norton, MD, MFM (KPNC)</i>
9:30–10 a.m.	Refreshment break/Exhibit Hall
10–10:45 a.m.	Keynote closing session—Mood, Libido, and Hormones in Midlife—2008 <i>Katherine L. Wisner, MD, MS, Psychiatry (University of Pittsburgh Medical Center)</i>
10:45–11:30 a.m.	Heart, Bones, and Hormones—2008 <i>Ruth Shaber, MD (Care Management Institute)</i>
11:30 a.m.–noon	Ask the Experts <i>Katherine L. Wisner, MD, MS, Psychiatry (University of Pittsburgh Medical Center)</i> <i>Ruth Shaber, MD (Care Management Institute)</i>

Northern California Regional Women's Health  
1950 Franklin St., 13th Floor  
Oakland, CA 94612

